



Age Criteria

- Rally Cap 4 - 7 Years Old - 7th birthday falls on or after January 1st of playing year
 * **Rally Cap - 4 years old on January 1st or earlier of playing year**
- U9 8 – 9 Years Old - 9th birthday falls on or after January 1st of playing year
- 11U 10 – 11 Years Old - 11th birthday falls on or after January 1st of playing year
 * **11U Girls have the option to play one year overage.**
- 13U 12 – 13 Years Old - 13th birthday falls on or after January 1st of playing year
 * **13U Girls have the option to play one year overage.**
- 15U 14 – 15 Years Old - 15th birthday falls on or after January 1st of playing year
 * **15U Girls have the option to play one year overage.**
- 18U 16 – 18 Years Old - 18th birthday falls on or after January 1st of playing year
 * **18U eligible to have two (2) Female - 19-year-old athletes on a team.**